



## Algonac Elementary Lunch Menu Algonquin May 2018

**Lunch Price: \$2.50 Reduced Price: \$.40 Adult Lunch: \$3.75**  
**Breakfast Price: \$1.50 Reduced Price: \$.30 Ala Carte Milk: \$.60**

A full student lunch includes a choice of entrée supplying protein, milk, grain, and vegetable and fruit side dishes. Milk Choices include: 1% White and Chocolate Skim Milk. A cold vegetable and fruit bar is available daily on which we feature the vegetables and fruit listed below, additional fruit and vegetable choices may be available in the bar.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Blueberry WG Muffin</b> <b>Graham Cracker</b> <b>100% Apple Juice</b> <b>Milk</b>	<b>Cinnamon Toast Crunch</b> <b>Cereal</b> <b>Raisins</b> <b>Milk</b>	<b>Maple Burst Pancakes</b> <b>Graham Cracker</b> <b>Red Delicious Apple</b> <b>Milk</b>	<b>Strawberry Banana Bash</b> <b>Yogurt</b> <b>Graham Cracker</b> <b>Raisins</b> <b>Milk</b>	<b>Strawberry Pop-tart</b> <b>W/ String Cheese</b> <b>100% Apple Juice</b> <b>Milk</b>
30 Chicken Nuggets Oven Baked Fries Dinner Roll Tossed Salad Fresh Celery Sticks Chilled Peaches Chilled Pears	1 6 Mini Corn Dogs Dinner Roll <i>Food Focus-Carrots Coin</i> Tossed Salad <i>Food Focus - Broccoli</i> Mandarin Oranges Apple Wedges	2 French Toast Sticks Turkey Sausage Tater Tots, Syrup Tossed Salad <i>Food Focus - Cucumbers</i> Apple Slices Cinnamon Bananas	3 Chicken Bowl Mashed Potatoes Gravy, Biscuit, Cheese <i>Food Focus - Corn</i> Tossed Salad <i>Food Focus - Cherry Tomatoes</i> Pineapple Tidbits Fresh Apple	4 Cheesy French Bread w/ Dipping Sauce Tossed Salad <i>Food Focus - Cauliflower</i> Cinnamon Peaches Mixed Fruit
7 Crispy Chicken Sandwich Oven Baked Tots Tossed Salad <i>Food Focus-Baby Carrots</i> Red Delicious Apple Diced Pears	8 <b>Nacho Tuesday</b> Beef & Cheese Nachos Refried Beans Mild Salsa Tossed Salad <i>Food Focus - Broccoli</i> Fresh Orange Wedges Chilled Applesauce	9 Pancakes with Scrambled Eggs Hash Browns, Syrup Tossed Salad Green Pepper Strips Honeydew Cubes Mixed Fruit	10 <b>Lucky Tray Day</b> Popcorn Chicken Carrot Coins, Biscuit Tossed Salad <i>Food Focus - Cucumbers</i> Pineapple Tidbits Fresh Strawberries	11 Bosco Sticks w/ Dipping Sauce Tossed Salad Celery Sticks Chilled Peaches <b>Frozen Fruit Treat</b> <b>"Sidekicks"</b>
<b>Scooter Week, May 14<sup>th</sup> – May 18<sup>th</sup></b> <b>Eat Breakfast or Lunch all week to eligible. 10 Chances to WIN!!!</b>				
14 Chicken Nuggets Mashed Potatoes w/ gravy Chocolate Chip Cookie Tossed Salad <i>Food Focus-Baby Carrots</i> Chilled Applesauce Chilled Peaches	15 Walking Doritos Taco's Cinnamon Breadstick Salsa, Cheese, Lettuce Tossed Salad Celery Sticks Chilled Applesauce Pineapple Tidbits	16 French Toast Sticks w/ Scrambled Eggs Tater Tots, Syrup Tossed Salad <i>Food Focus - Cucumbers</i> Cantaloupe Cubes Chilled Peaches <b>Birthday Treat – Mini Rice Krispie Treat</b>	17 <b>Hot Dog Roast</b> Grilled Hot Dogs Baked Beans Assorted Fresh Vegetables Watermelon Chips, Cookie Lemonade	18 Homemade Pepperoni Pizza <i>Food Focus-Green Beans</i> Tossed Salad Fresh Broccoli Bites Mixed Fruit <b>Frozen Fruit Treat</b> <b>"Sidekicks"</b>
21 Chicken Tenders W/ Breadstick Oven Baked Tots Tossed Salad Chilled Peaches Rosy Applesauce	22 <b>Nacho Tuesday</b> Beef & Cheese Nachos Refried Beans, Salsa Tossed Salad <i>Food Focus-Baby Carrots</i> Fresh Orange Wedges Pineapple Tidbits	23 Classic Cheeseburger Classic Baked Beans Tossed Salad <i>Food Focus - Cucumbers</i> Mixed Fruit Fresh Strawberries	24 <b>Lucky Tray Day</b> Stuffed Crust Pepperoni Pizza Tossed Salad Red Pepper Strips Diced Pears Honeydew Cubes	25 Bosco Sticks w/ Dipping Sauce Tossed Salad <i>Food Focus - Broccoli</i> Mixed Fruit Chilled Peaches
<b>Monday</b> <b>Turkey and Cheese Wrap</b> <b>With Lettuce &amp; Tomato</b>	<b>Tuesday</b> <b>Classic Cheeseburger</b> <b>On Bun</b>	<b>Wednesday</b> <b>Chicken Nuggets</b> <b>w/Dinner Roll</b>	<b>Thursday</b> <b>Strawberry Parfaits</b>	<b>Friday</b> <b>Fun Lunch</b> <b>Muffin, Yogurt, Graham</b> <b>Cracker, Carrot Snacker</b>

Monday	Tuesday	Wednesday	Thursday	Friday
28 <b>No School</b>  <b>Memorial Day</b>	29 Chicken Nuggets Oven Baked Fries Dinner Roll Tossed Salad Fresh Broccoli Chilled Pears Mixed Fruit	30 French Toast Sticks w/ Scrambled Eggs Tater Tots, Syrup Tossed Salad <b>Food Focus - Cucumbers</b> Apple Slices Fresh Banana	31 Beef Hot Dog w/Bun Classic Baked Beans Tossed Salad <b>Food Focus - Cherry Tomatoes</b> Pineapple Tidbits Fresh Apple	1 Cheesy French Bread w/ Dipping Sauce Tossed Salad Cauliflower Bites Cinnamon Peaches Mixed Fruit <b>Frozen Fruit Treat "Sidehicks"</b>
4 Crispy Chicken Sandwich Oven Baked Tots Tossed Salad <b>Food Focus-Baby Carrots</b> Red Delicious Apple Diced Pears	5 <b>Nacho Tuesday</b> Beef & Cheese Nachos Refried Beans Mild Salsa Tossed Salad Fresh Strawberries Cinnamon Applesauce	6 French Toast Sticks w/ Scrambled Eggs Tater Tots, Syrup Tossed Salad <b>Food Focus- Red Peppers</b> Mixed Fruit Pineapple Tidbits	7 6 Mini Corn Dogs Dinner Roll Carrot Coins Tossed Salad Sliced Cucumbers Chilled Peaches Cinnamon Pears	8 Bosco Sticks w/ Dipping Sauce Tossed Salad Fresh Broccoli Mixed Fruit Chilled Applesauce

## May/June Food Focus of the Month

# GARDEN VEGETABLES

## How to Garden Vegetables?

Vegetable gardens are a great way to grow delicious foods that are good for you –and to have some fun! The types of vegetables that grow well in your area depend on the weather, soil, sunlight and many other factors. Garden vegetables taste best eaten fresh or cooked within a few days of harvesting.

If you have space for it a small backyard garden try growing a few vegetables like tomatoes, cucumbers, carrots and herbs! You can even plant tomatoes in containers and watch them grow or try some herbs in small pots on a windowsill where they will get plenty of light!

**Questions or Comments?** Please contact Steve Bellante @ 810.794.8875 or [sbellante@acsk12.us](mailto:sbellante@acsk12.us)

**Checks:** Please make checks payable to Algonac Food Service or Pay Schools online through Skyward

**Menu Subject to Change without Notice**

