



WHAT'S ON THE MENU?

Algonac Elementary Lunch Menu

June 2019

Lunch Price: \$2.50 Reduced Price: \$.40 Adult Lunch: \$3.75
 Breakfast Price: \$1.50 Reduced Price: \$.30 Ala Carte Milk: \$.60

Monday	Tuesday	Wednesday	Thursday	Friday
Golden Graham Cereal Bar Applesauce Cup Milk	Blueberry Muffin String Cheese Peach Cup Milk	Mini Maple Waffles 100% Apple Juice Milk	Crunchmania French Toast Applesauce Cup Milk	WG Pop-Tarts String Cheese Mixed Berry Cup Milk
3 Chicken Nuggets Crinkle Cut Fries Dinner Roll	4 Beef & Cheese Nachos Refried Beans Mild Salsa Seasoned Corn Nacho Tuesday	5 French Toast Sticks Sausage Patties Tater Tots, Syrup	6 Classic Cheese Pizza Seasoned Broccoli	7 Bosco Sticks w/ Dipping Sauce Savory Green Beans
10 Chicken Nuggets Seasoned Carrot Coins Dinner Roll	11 Walking Doritos Taco's Cinnamon Breadstick Salsa, Cheese, Corn Nacho Tuesday	12 French Toast Sticks Sausage Patties Tater Tots, Syrup	13 Half Day Breakfast Served	14 Half Day Last Day of School Breakfast Served
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken & Cheese Quesadilla	Turkey & Cheese Wrap With Lettuce	Cheese Deep Dish Pizza	Strawberry Parfaits With Granola	6 Mini Turkey Corn Dogs
Fresh Fruit & Vegetable Bar Available Daily				
Mixed Green Salad Celery Sticks Cinnamon Applesauce Sweet Peaches	Mixed Green Salad Sliced Cucumbers Pineapple Tidbits Tropical Fruit	Mixed Green Salad Cauliflower Bites Mandarin Oranges Watermelon	Mixed Green Salad Broccoli Bites Diced Pears Honeydew Cubes	Mixed Green Salad Baby Carrots Mixed Fruit Sweet Peaches

This institution is an equal opportunity provider

A full student lunch includes a choice of entrée supplying protein, milk, grain, and vegetable and fruit side dishes. Milk Choices include: 1% White and Chocolate Skim Milk. A cold vegetable and fruit bar is available daily on which we feature the vegetables and fruit listed below, additional fruit and vegetable choices may be available in the bar.

Menu Subject to Change without Notice

June

Food Focus of the Month

DID YOU KNOW?

- Kale is a cruciferous vegetable, which means it is in the same family as broccoli, Brussels sprouts, and cabbage.
- You can bake kale into kale chips for a healthy alternative to potato chips. Simply remove the leaves from the thick stems, season to your liking and bake!
- New to Kale? A great way to introduce it into your diet is by adding it to soup. It is a staple in Portuguese Kale Soup.
- After a frost, kale actually becomes sweeter! Meaning you can harvest kale long after the summer season.
- Kale comes in a variety of colors: green, white, purple, or bluish green.
- Some varieties of kale grow five to seven feet tall! Some parts of the large plant may not be edible and are used for display instead of eating. That's truly a green giant!
- When we eat kale our amazing superpowers come out! Kale has a powerful punch of nutrients that help reverse inflammation and detoxify the liver - try kale in a salad, as a chip or in a smoothie and see if you feel stronger!

Questions or Comments? Please contact Steve Bellante @ 810.794.8875 or sbellante@acsk12.us

Checks: Please make checks payable to Algonac Food Service or Pay Schools online through Skyward

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