



WHAT'S ON THE MENU?

Algonac Elementary Lunch Menu

March 2019

Lunch Price: \$2.50 Reduced Price: \$.40 Adult Lunch: \$3.75
Breakfast Price: \$1.50 Reduced Price: \$.30 Ala Carte Milk: \$.60

Monday	Tuesday	Wednesday	Thursday	Friday
Trix Cereal Strawberry Cup Milk	Cinnamon Toast Crunch Cereal Bar Applesauce Cup Graham Cracker Milk	Mini Blueberry Pancakes String Cheese 100% Apple Juice Milk	Strawberry Nutrigrain Bar Peach Cup Milk	Strawberry Pop-tart String Cheese Red Delicious Apple Milk

National Breakfast Week March 4-8 Eat Breakfast and Receive Great Prizes Daily

4 Chicken Nuggets Seasoned Broccoli Dinner Roll	5 Beef & Cheese Nachos Refried Beans Mild Salsa Nacho Tuesday	6 French Toast Sticks Green Eggs & Ham Tater Tots, Syrup Dr Seuss Celebration Day National Oreo Cookie Day	7 Popcorn Chicken Bowl Mashed Potatoes/Gravy Corn/Cheese Dinner Roll	8 Warm Pretzel w/Cheddar Cheese Dip Golden Corn Meatless Friday's
11 French Bread Cheese Pizza Seasoned Green Beans	12 Crispy Chicken Sandwich Seasoned Broccoli	13 Pancakes with Sausage Patties Tater Tots, Syrup	14 Fish Sticks Baked Crinkle Fries Dinner Roll	15 Bosco Sticks w/ Dipping Sauce Seasoned Carrot Coins Meatless Friday's
18 Popcorn Chicken Seasoned Carrot Coins St. Patrick Day Lucky Tray	19 Walking Doritos Taco's Cinnamon Breadstick Salsa, Cheese Nacho Tuesday	20 French Toast Sticks Sausage Patties Tater Tots, Syrup Dr. Seuss Book Drawing Millside	21 Crispy Chicken Tenders Baked Crinkle Fries BBQ / Ranch March Madness Drawing Algonquin	22 Classic Cheese Pizza Seasoned Green Beans Meatless Friday's Birthday Treat Ice Cream Sandwich



Spring Break March 25-29

Monday	Tuesday	Wednesday	Thursday	Friday
Classic Cheeseburger On Bun	Cheese Deep Dish Pizza	Chicken Rings w/Dinner Roll	6 Mini Turkey Corn Dogs	Fun Lunch Muffin, Yogurt, Graham Cracker, Carrot Smacker

Fresh Fruit & Vegetable Bar Available Daily

Mixed Green Salad Celery Sticks Pineapple Tidbits Sweet Peaches	Mixed Green Salad Sliced Cucumbers Rosy Applesauce Tropical Fruit	Mixed Green Salad Green Power Peas Mandarin Oranges Cinnamon Bananas	Mixed Green Salad Broccoli Bites Diced Pears Strawberry Cups	Mixed Green Salad Baby Carrots Mixed Fruit Fresh Orange Wedges
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This institution is an equal opportunity provider

A full student lunch includes a choice of entrée supplying protein, milk, grain, and vegetable and fruit side dishes. Milk Choices include: 1% White and Chocolate Skim Milk. A cold vegetable and fruit bar is available daily on which we feature the vegetables and fruit listed below, additional fruit and vegetable choices may be available in the bar.

March Food Focus of the Month



DID YOU KNOW?

- Whole grains contain dietary fiber, which helps reduce cholesterol and may lower risk of heart disease.
- Farro, an ancient grain, has a nutty flavor and is a great source of fiber and protein.
- Quinoa, amaranth, millet, and sorghum can pop like popcorn.
- Wheat provides more calories and protein in the world's diet than any other crop! It is also a staple food for 35% of the earth's population.
- Studies show that individuals who eat at least 3 servings of whole grains reduce their risk of heart disease by 25-36%

Questions or Comments? Please contact Steve Bellante @ 810.794.8875 or sbellante@acsk12.us

Checks: Please make checks payable to Algonac Food Service or Pay Schools online through Skyward

Menu Subject to Change without Notice

