

# October 2017 Secondary Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Hawaiian, Ham, Egg &amp; Cheese Biscuit Sandwich</p> <p><b>Available Daily</b></p> <p>WG Strawberry Pop Tarts WG Cinnamon Pop Tarts</p> <p>Whole Grain Bagel w/ Cream Cheese Assorted Cereals w/ Graham Crackers</p> <p>WG Assorted Cereal Bars Assorted Whole Grain Muffins</p> <p>Assorted Benefit Bars</p> <p>Breakfast Yogurt Parfaits</p> <p>Fresh Fruit Offered Daily</p> <p><b>Flavored Hot Oatmeal</b></p>	<p>Grilled Ham, Egg &amp; Cheese on English Muffin</p> <p><b>Available Daily</b></p> <p>WG Strawberry Pop Tarts WG Cinnamon Pop Tarts</p> <p>Whole Grain Bagel w/ Cream Cheese Assorted Cereals w/ Graham Crackers</p> <p>WG Assorted Cereal Bars Assorted Whole Grain Muffins</p> <p>Assorted Benefit Bars</p> <p>Breakfast Yogurt Parfaits</p> <p>Fresh Fruit Offered Daily</p>	<p>French Toast Sticks Syrup Baked Tater Tots</p> <p><b>Available Daily</b></p> <p>WG Strawberry Pop Tarts WG Cinnamon Pop Tarts</p> <p>Whole Grain Bagel w/ Cream Cheese Assorted Cereals w/ Graham Crackers</p> <p>WG Assorted Cereal Bars Assorted Whole Grain Muffins</p> <p>Assorted Benefit Bars</p> <p>Breakfast Yogurt Parfaits</p> <p>Fresh Fruit Offered Daily</p> <p><b>Parfait Bar</b></p>	<p>Pork Sausage, Egg &amp; Cheese Bagel Sandwich</p> <p><b>Available Daily</b></p> <p>WG Strawberry Pop Tarts WG Cinnamon Pop Tarts</p> <p>Whole Grain Bagel w/ Cream Cheese Assorted Cereals w/ Graham Crackers</p> <p>WG Assorted Cereal Bars Assorted Whole Grain Muffins</p> <p>Assorted Benefit Bars</p> <p>Breakfast Yogurt Parfaits</p> <p>Fresh Fruit Offered Daily</p> <p><b>Fruited Smoothies</b></p>	<p>Bacon, Egg &amp; Cheese Biscuit Sandwich</p> <p><b>Available Daily</b></p> <p>WG Strawberry Pop Tarts WG Cinnamon Pop Tarts</p> <p>Whole Grain Bagel w/ Cream Cheese Assorted Cereals w/ Graham Crackers</p> <p>WG Assorted Cereal Bars Assorted Whole Grain Muffins</p> <p>Assorted Benefit Bars</p> <p>Breakfast Yogurt Parfaits</p> <p>Fresh Fruit Offered Daily</p> <p><b>Flavored Hot Oatmeal</b></p>
<p>Assorted 100% Fruit Juices 1%White Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Hot Chocolate / Fresh Coffee</p>	<p>Assorted 100% Fruit Juices 1%White Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Hot Chocolate / Fresh Coffee</p>	<p>Assorted 100% Fruit Juices 1%White Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Hot Chocolate / Fresh Coffee</p>	<p>Assorted 100% Fruit Juices 1%White Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Hot Chocolate / Fresh Coffee</p>	<p>Assorted 100% Fruit Juices 1%White Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Hot Chocolate / Fresh Coffee</p>

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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish)

**Breakfast Price: \$1.50 Reduced Price: \$.30 Adult: \$2.00 Ala Carte Milk: \$.60**  
**A full student breakfast includes a choice of entrée, fruit side dish, and a choice of milk.**  
**Milk choices include 1% white, skim chocolate**  
**Questions? Please contact Steve Bellante 810.794.8875 or email at [shellante@acsk12.us](mailto:shellante@acsk12.us)**