

## Menu Collections - Menu Allergen-Intolerance Report

Report Run: Oct 17, 2016

Date(s) Included: 10/31/2016 - 12/02/2016

Meal Period(s) included: Main Entrees, Alternate Entrees, Sides for All Meals, Milk & Condiments

Menu(s) included: Elementary, Breakfast, 2015-16

### CONFIDENTIAL-PROPRIETARY:

(?) indicates allergen/intolerance is unknown - varies by brand, check label

(Has) indicates allergen/intolerance is present in recipe

(Blank) indicates allergen/intolerance is NOT present in recipe

Compass cannot accept responsibility for use of this document by individuals that have not been properly trained, nor can it be held responsible for use by unauthorized individuals

**This is a tool. Unit staff should ALWAYS confirm existence or absence of allergens and intolerances by reading ALL product labels.**

(?) indicates allergen/intolerance is unknown – varies by brand, check label: (Has) indicates allergen/intolerance is present in recipe

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>10/31/2016, Monday (Main Entrees)</b>													
Cereal, Fruity Cheerios, Bowl, PC (1395)								HAS		HAS			
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
<b>10/31/2016, Monday (Sides for All Meals)</b>													
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>10/31/2016, Monday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

(?) indicates allergen/intolerance is unknown – varies by brand, check label: (Has) indicates allergen/intolerance is present in recipe

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/1/2016, Tuesday (Main Entrees)</b>													
Pop-Tart, WG, Strawberry, Frosted, I (60095)						HAS		HAS		HAS			
Applesauce, Unsweetened, 4 oz, PC (26131)													
<b>11/1/2016, Tuesday (Sides for All Meals)</b>													
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/1/2016, Tuesday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

(?) indicates allergen/intolerance is unknown – varies by brand, check label: (Has) indicates allergen/intolerance is present in recipe

This is a tool. Unit staff should ALWAYS confirm existence or absence of allergens and intolerances by reading ALL product labels.

Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/2/2016, Wednesday (Main Entrees)</b>													
Muffin, Blueberry, Whole Grain, 2 oz (64456)	HAS					HAS		HAS		HAS			
CK12 Cheese, Mozzarella, Part-Skim, (71198)			HAS										
<b>11/2/2016, Wednesday (Sides for All Meals)</b>													
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/2/2016, Wednesday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

(?) indicates allergen/intolerance is unknown – varies by brand, check label: (Has) indicates allergen/intolerance is present in recipe

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/3/2016, Thursday (Main Entrees)</b>													
CK12 Ultimate Breakfast Round, Choco (79913)	HAS		HAS			HAS		HAS		HAS			
Raisins, 1.5 oz, PC (18507)													
<b>11/3/2016, Thursday (Sides for All Meals)</b>													
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/3/2016, Thursday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/4/2016, Friday (Main Entrees)</b>													
Bar, Cereal, Trix, 1.42 oz, PC (43778)								HAS		HAS			
Applesauce, Unsweetened, 4 oz, PC (26131)													
<b>11/4/2016, Friday (Sides for All Meals)</b>													
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/4/2016, Friday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/7/2016, Monday (Main Entrees)</b>													
Cereal, Fruity Cheerios, Bowl, PC (1395)								HAS		HAS			
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
<b>11/7/2016, Monday (Sides for All Meals)</b>													
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/7/2016, Monday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/8/2016, Tuesday (Main Entrees)</b>													
Pop-Tart, WG, Strawberry, Frosted, I (60095)						HAS		HAS		HAS			
Applesauce, Unsweetened, 4 oz, PC (26131)													
<b>11/8/2016, Tuesday (Sides for All Meals)</b>													
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/8/2016, Tuesday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										



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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/9/2016, Wednesday (Main Entrees)</b>													
Muffin, Blueberry, Whole Grain, 2 oz (64456)	HAS					HAS		HAS		HAS			
CK12 Cheese, Mozzarella, Part-Skim, (71198)			HAS										
<b>11/9/2016, Wednesday (Sides for All Meals)</b>													
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/9/2016, Wednesday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/10/2016, Thursday (Main Entrees)</b>													
CK12 Ultimate Breakfast Round, Choco (79913)	HAS		HAS			HAS		HAS		HAS			
Raisins, 1.5 oz, PC (18507)													
<b>11/10/2016, Thursday (Sides for All Meals)</b>													
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/10/2016, Thursday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/11/2016, Friday (Main Entrees)</b>													
Bar, Cereal, Trix, 1.42 oz, PC (43778)								HAS		HAS			
Applesauce, Unsweetened, 4 oz, PC (26131)													
<b>11/11/2016, Friday (Sides for All Meals)</b>													
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/11/2016, Friday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/14/2016, Monday (Main Entrees)</b>													
Cereal, Fruity Cheerios, Bowl, PC (1395)								HAS		HAS			
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
<b>11/14/2016, Monday (Sides for All Meals)</b>													
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/14/2016, Monday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/15/2016, Tuesday (Main Entrees)</b>													
Pop-Tart, WG, Strawberry, Frosted, I (60095)						HAS		HAS		HAS			
Applesauce, Unsweetened, 4 oz, PC (26131)													
<b>11/15/2016, Tuesday (Sides for All Meals)</b>													
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/15/2016, Tuesday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/16/2016, Wednesday (Main Entrees)</b>													
Muffin, Blueberry, Whole Grain, 2 oz (64456)	HAS					HAS		HAS		HAS			
CK12 Cheese, Mozzarella, Part-Skim, (71198)			HAS										
<b>11/16/2016, Wednesday (Sides for All Meals)</b>													
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/16/2016, Wednesday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/17/2016, Thursday (Main Entrees)</b>													
CK12 Ultimate Breakfast Round, Choco (79913)	HAS		HAS			HAS		HAS		HAS			
Raisins, 1.5 oz, PC (18507)													
<b>11/17/2016, Thursday (Sides for All Meals)</b>													
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/17/2016, Thursday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/18/2016, Friday (Main Entrees)</b>													
Bar, Cereal, Trix, 1.42 oz, PC (43778)								HAS		HAS			
Applesauce, Unsweetened, 4 oz, PC (26131)													
<b>11/18/2016, Friday (Sides for All Meals)</b>													
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/18/2016, Friday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										



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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/28/2016, Monday (Main Entrees)</b>													
Cereal, Fruity Cheerios, Bowl, PC (1395)								HAS		HAS			
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
<b>11/28/2016, Monday (Sides for All Meals)</b>													
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/28/2016, Monday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/29/2016, Tuesday (Main Entrees)</b>													
Pop-Tart, WG, Strawberry, Frosted, I (60095)						HAS		HAS		HAS			
Applesauce, Unsweetened, 4 oz, PC (26131)													
<b>11/29/2016, Tuesday (Sides for All Meals)</b>													
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/29/2016, Tuesday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

(?) indicates allergen/intolerance is unknown – varies by brand, check label: (Has) indicates allergen/intolerance is present in recipe

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>11/30/2016, Wednesday (Main Entrees)</b>													
Muffin, Blueberry, Whole Grain, 2 oz (64456)	HAS					HAS		HAS		HAS			
CK12 Cheese, Mozzarella, Part-Skim, (71198)			HAS										
<b>11/30/2016, Wednesday (Sides for All Meals)</b>													
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>11/30/2016, Wednesday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>12/1/2016, Thursday (Main Entrees)</b>													
CK12 Ultimate Breakfast Round, Choco (79913)	HAS		HAS			HAS		HAS		HAS			
Raisins, 1.5 oz, PC (18507)													
<b>12/1/2016, Thursday (Sides for All Meals)</b>													
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>12/1/2016, Thursday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										

(?) indicates allergen/intolerance is unknown – varies by brand, check label: (Has) indicates allergen/intolerance is present in recipe

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Menu Item Name	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Sesame
<b>12/2/2016, Friday (Main Entrees)</b>													
Bar, Cereal, Trix, 1.42 oz, PC (43778)								HAS		HAS			
Applesauce, Unsweetened, 4 oz, PC (26131)													
<b>12/2/2016, Friday (Sides for All Meals)</b>													
CK12 Crackers, Graham, Cinnamon Gian (71382)						HAS		HAS		HAS			
CK12 Apple, Red Delicious, Whole, 13 (34124)													
Apples, Sliced, Fresh, 2 oz, PC (47664)													
<b>12/2/2016, Friday (Milk &amp; Condiments)</b>													
CK12 Milk, White, 1% Low Fat, 8 fl o (69531)			HAS										
CK12 Milk, White, Skim, 8 fl oz, PC (69530)			HAS										
CK12 Milk, Chocolate, Skim, 8 fl oz, (69534)			HAS										